Bathhouse Hours
Open 7 Days
Monday - Wednesday ............................... 7:00am - 5:00pm
Thursday - Saturday ............................... 7:00am - 9:00pm
Sunday ................................................. 7:00am - 2:00pm
Closed Christmas Day
Reservations are required and taken up to 4 months in advance.
PRICES EFFECTIVE JANUARY 2015.
PRICES AND TIMES ARE SUBJECT TO CHANGE.

The Arlington Resort Hotel & Spa
The Heart of Historic Hot Springs National Park

Relax at The Arlington
Thermal Bathhouse & Spa
Located on the 3rd floor of the hotel.

Thermal baths and spa.
A national park outside any door.
Great dining choices.
Twin cascading outdoor pools.
Championship golf courses.
Private beauty and facial salon.

The Arlington Resort Hotel & Spa
The Heart of Historic Hot Springs National Park
239 Central Avenue, Hot Springs National Park, AR 71901
FOR RESERVATIONS OR INFORMATION CALL
501-623-7771 or 800-643-1502 - Fax 501-623-2243
www.ArlingtonHotel.com
E-mail: info@ArlingtonHotel.com
American Express, Discover, Diners Club, MasterCard, VISA accepted

Relax & Rejuvenate
IN THE SOOTHING, HEALING WATERS
OF HOT SPRINGS NATIONAL PARK
Experience a Variety of Therapeutic Treatments

The Arlington offers a host of therapeutic treatments to help you relax, including:

- Hydrotherapy (thermal mineral water whirlpool bath) and Massage Combo
- 20-Minute Thermal Mineral Water Whirlpool Bath
- Dry Sauna
- Pressurized Shower
- Hot and Cold Packs
- Massages (Singles or Couples)
  - Trouble Spot, Reflexology (foot), Hot Stone, Swedish
- Body Scrubs
  - Salt & Sugar
- Body Wraps
  - Tropical, Seaweed, Mud

Take care of yourself by letting us take care of you!

Thermal Bathhouse & Spa Rates

Thermal Mineral Water Bath ............................................ $33.00
The Works ................................................................. $70.00
This thermal mineral water bath and 20 minute massage. These procedures are included in our Spa Package.

MASSAGE THERAPY

<table>
<thead>
<tr>
<th>Duration</th>
<th>Price</th>
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<tbody>
<tr>
<td>20 minutes</td>
<td>$37.00</td>
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<tr>
<td>40 minutes</td>
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<tr>
<td>60 minutes</td>
<td>$100.00</td>
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<tr>
<td>90 minutes</td>
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SPECIALTY SPA SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
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<tbody>
<tr>
<td>Trouble Spot Massage, 30 minutes</td>
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<tr>
<td>Deep Tissue Massage, 40 minutes</td>
<td>$90.00</td>
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<tr>
<td>Reflexology Foot Massage, 60 minutes</td>
<td>$110.00</td>
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<tr>
<td>Hot Stone Massage, 30 minutes</td>
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<tr>
<td>Hot Stone Massage, 75 minutes</td>
<td>$125.00</td>
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Body Scrubs ............................................................ $95.00
Exfoliate your body with a personalized salt or sugar scrub.

Tropical Body Wrap - Passion Mango .................. $105.00
De-aging skin rejuvenating, skin is revitalized, firmer and brighter.

Seaweed Body Wrap .................................................... $105.00
Detoxifies, exfoliates, refines skin and stimulates circulation.

Mud Body Wrap ........................................................... $100.00
Detoxifies your body while reducing stress and soothing the body.

Pervonia European Facial ..................................... $65.00
Detoxifying, corrective facial.

Couples rooms available for all specialty services for an extra $10.00 per couple.